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Your essential daily news

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CONTRIBUTED

PRIDE'S FABULOUS NEW LOOK

Organizers announce theme of inclusivity for event's 30th anniversary

metroNEWS

POLITICS

Councillor irate over new city park report

 **Braeden Jones**
Metro | Winnipeg

One city councillor who is unwilling to throw greenbacks at green space without a cost breakdown is now frustrated that a report commissioned in 2015 was presented with less detail than he'd like, Tuesday.

"I'm sorry for getting angry," said Transcona Coun. Russ Wyatt during the community services and parks committee meeting. "We've been waiting a year and a half for this (report)."

The report is the first of its kind in Winnipeg to compile a status update on the condition of all parks in all wards into one document; Wyatt led the committee in requesting it back in 2015.

As presented by parks man-

ager Dave Domke on Tuesday, it breaks down the asset deficiencies by park, and the park deficiencies by ward.

It states roughly 81 per cent of the city's parks are in fair condition or better, and nine per cent haven't been reviewed yet, leaving one in 10 in poor condition.

St. James-Brooklands-Weston was found to be the ward home to the most dilapidated parks, with 13 per cent on the wrong side of "fair," whereas Wyatt's own ward, Transcona, has just 7 per cent in poor shape and only 1 per cent in very poor condition.

The report details the size of all the park space in each ward, as requested, as well as the approximate "cost of deficiencies," or cost to bring all of the assets into fair condition.

In Transcona, for instance, the 182 Hectares of green space would need \$1.8 million, and the park infrastructure deficit in St. James-Brooklands-Weston is valued at about \$3.7 million.

The report also notes that, overall, the whole city network of more than 1,200 parks would require upgrades totalling more

than \$53 million.

But Wyatt wanted more specific information.

"They did not give us a breakdown on the cost of the renewal of each park, they did not give us a breakdown on the amenities in each park," Wyatt said.

"We don't have the full report."

He explained the higher level of detail he sought was to give councillors a "clearer indication of which parks should be a high priority" for renewal.

of this report in spring or late winter 2018.

"I think what's important is the strategic information that comes as a summary from that data," he said. "That's what's important to the average Winnipegger, you know, what's happening to our parks assets, what's the condition of our assets, that's more important, I believe, overall."

If Wyatt wants the raw data of every itemized asset's quality, city administration said he can

“They did not give us a breakdown on the cost of the renewal of each park. Russ Wyatt

He and every other councillor have ward allocations of about \$200,000 to put towards parks.

Domke said he can take the information used to generate the report, meet with each councillor, and "help them prioritize what needs to be done."

As for the report Wyatt expected, Domke said administration "can't even produce that information," though they're working towards it and should be able to with the next version

have it, but Domke cautioned "it's a relative few people that would like that kind of data."

"An asset is something that (gives) some value to our park users ... a play structure, or a swing set, a tennis court, a basketball court, there's a great variety of assets, a bench, a picnic table, those are all assets in a park," he said. "My job is to provide the data to the councillors and it's their job to make the decision what to do with that."



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Winnipeggers say city needs transit police: Survey



**Braeden
Jones**
Metro | Winnipeg

The union representing transit drivers has learned Winnipeggers share its desire for more dedicated police riding city buses.

Amalgamated Transit Union (ATU) local president John Callahan said it's telling that a "broad range" of residents surveyed for Probe Research between March 13 and 28 support the union's call for increased enforcement.

"It seems to be that people using transit as well as people who are not using it hear what's going on and understand the issue," Callahan said, referencing the "almost daily occurrence" of operator assaults, which were brought into the public eye after one such assault in February had fatal consequences.

Of the 600 adults polled, Callahan said the fact 64 per cent agree a dedicated transit police force is needed means the union's call for such protection isn't just anecdotal, and wouldn't

just be welcomed by drivers who fear for their safety.

"We wanted these real numbers," he said. "They speak for themselves."

Callahan highlighted how only 20 per cent of respondents feel safe on the bus at night, and of those who regularly use the bus, just a quarter feel very safe at night.

Of the individuals who don't feel safe using transit, about 80 per cent agreed more police would help make the bus feel safer.

My own mother, who is 78, said she won't use the bus because she doesn't feel safe.

John Callahan

But much like the demographic breakdown of bike lane users tell a story about safety, Callahan said survey findings about who

uses transit also tell a transit safety story.

"One thing I found in the results that's a bit concerning is the fact a lot of seniors (55+) are not using transit," he said. "Speaking with my own mother, who is 78, she said she won't use the bus because she doesn't feel safe, so I imagine safety may have something to do with it."

The survey didn't ask why people avoided the bus, but it did find regular transit users are predominantly younger people.

Callahan said it's "very con-

cerning" many seniors don't ride the bus, noting transit should be an option for the youngest and oldest Winnipeggers, and seniors specifically "are the fastest-growing segment of the population."

"We need to ensure they feel safe because they need to get around," he said.

The union has been calling for more safety measures since Feb. 14, when bus driver Irvine Fraser was killed on the job near the end of his late-night shift. A 22-year-old suspect has been charged.

Learn what to look for in LED lighting

Many people are switching to LED bulbs and fixtures because of the long-term savings and convenience they offer. They cost a little more than incandescent lighting products, but they use about 80 per cent less energy and can last up to 25 years.

Today, LEDs come in a wide range of sizes, shapes and colours, from soft and warm to cool daylight. Their long life makes them ideal for hard-to-reach places.

The terms used to describe LED lighting can be a little confusing for the first-time buyer. Here's what you need to know before you head to the store.

- **Lumens vs. watts:** Lumens are a measure of light output or brightness, while watts indicate the amount of energy used to power the bulb. A 9 watt LED typically has the same light output – or lumens – as a 60 watt incandescent or a 43 watt halogen. To help you select the right bulb, the LED package will show the equivalent light output and wattage.

- **Colour temperature:** If the LED package says "warm white" or "soft white," the colour will be similar to the light of an incandescent bulb. If the colour temperature is "cool" or "daylight," the bulb is meant for activities like reading and sewing.
- **ENERGY STAR® certification:** LED products bearing the ENERGY STAR logo have been tested to meet strict standards for quality, efficiency and long life. ENERGY STAR certified lighting products come with a warranty, so be sure to keep your receipts.



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Keanu Reeves has been spotted in Marquette, Man., and for good reason. TORSTAR NEWS SERVICE

Marquette stars in new Keanu movie

MOVIEMAKING

Manitoba town stands in for Siberia on film

In the small rural community of Marquette, Man., it isn't unusual to bump into your neighbours. But these days, residents are bumping into Hollywood star Keanu Reeves.

"I think he was using the bathroom," said Marquette resident Tayvia Dorge with a laugh. "So we waited and got a photo with him."

The star of The Matrix and John Wick was in Marquette to shoot his latest movie, Siberia.

"It's cool, you know?" resident Lee McRae told CTV Winnipeg. "He's been in lots of blockbusters, so to have him come to middle of the no-

where — Marquette — is kind of a cool deal."

The small town has a cool role to play, quite literally. It's standing in for Siberia, the setting of the film.

That meant the town was transformed using some Hollywood magic. A Russian billboard went up, vehicles with Russian licence plates are on set, and the exterior of Bonnie Lawrence's house underwent an extreme makeover, turning it into a bit of a junkyard.

She said it's an exciting time, but a little overwhelming too "because all of a sudden it's an invasion."

It will be a short-lived one. The lights, cameras and action will shift to another location in the coming days, leaving just memories of Hollywood for the people of Marquette.

THE CANADIAN PRESS



Brexit to tea: Conversation with U.K. Consul General

POLITICS

Chat comes as British PM calls snap election

 Jessica Botelho-Urbanski
Metro | Winnipeg

When it comes to understanding the intricacies of Brexit, Caroline Saunders is one of the most well-versed experts you can find in Canada.

As the British Consul General for the Prairie provinces, she promotes trade and investment between Britain and Canada, usually in the agriculture, mining, aerospace, oil and gas fields. Fresh off her first visit to Winnipeg last week, Saunders spoke to Metro about how she builds relationships between Britain and the Prairies and how Brexit will test those bonds.

The interview has been edited and condensed for clarity.

How is Manitoban trade and investment relevant in U.K.?

"Our biggest bread producers, Warburtons, work very closely with the Canadian International Grains Institute. And Warburtons sell 25 per cent of bread in the U.K. and that's all (made from) Canadian wheat



Britain is setting a historic and uncharted course by becoming the first country to withdraw from the European Union. GETTY IMAGES

from the Prairie provinces.

And then Magellan Aerospace for example, one of the biggest employers here, is a Canadian company, but has four sites in the U.K. as well. The facility in Winnipeg exports to the U.K."

Is there worry about those trade relationships being jeopardized by Brexit?

"A lot of people fear that that's the case. I like to reassure people that it's not. The U.K. is still a member of the EU and we will be a member of

the EU for another two years. So in the context of CETA (the Canada-European Union Comprehensive Economic and Trade Agreement) and the new Canada-EU trade agreement that's just about to come into force, the U.K. will be part of that, at least for the first period of it..."

I think the other key point I wanted to make is a lot of people think that Brexit is about protectionism or somehow the U.K. withdrawing from the world stage. But it's not at all — it's a reverse of that. It's not about protectionism.

In leaving the EU, the U.K. wants to be a champion of global free trade. We want to have more free trade agreements, not just with the EU, but with other countries, too... Leaving the EU gives us more flexibility and agility to adapt and be more competitive (amid) the ever-changing geopolitical shifts in the world."

Where can people go for up-to-date information on Brexit? And when do you think Brexit plans will all be clear-cut and finalized?

"There will be uncertainty for at least the two-year period since we invoked Article 50 in March. That started the clock ticking for the two years of negotiations. So it will go on for, potentially, some years. But where people can go for advice is to follow the U.K. in Canada Twitter account or Facebook account. Also there's a website that the U.K. government has just recently created called planforbritain.gov.uk, which lays out the sort of vision and the progress in the negotiations of where we're heading."

Do you want to add anything else?

"This is our first of several visits, so it's my first official visit (to Winnipeg and Manitoba). I've been in Canada just under a year and I will be here for four years, so I will be coming back to Winnipeg and hopefully other parts of Manitoba and building on the links that I've established on this visit. And if people are interested in contacting us at the British Consulate-General in Calgary, our details are on the British government website, which is www.gov.uk."

Can people come visit you for tea if they're ever in Calgary?

"Uhh, no. I'm afraid we can't offer that facility (laughs). But we do promote British tea in the stores."

TUITION

Students protest fee hike

Some university students are considering strike action next year if the province sticks with a plan to lift the post-secondary tuition cap with Bill 31.

About 50 post-secondary students rallied at the Manitoba Legislative Building yesterday after walking out of their classes to protest impending tuition hikes.

The Revolutionary Student Movement, a growing group with chapters sprouting from Vancouver to Prince Edward Island, organized the event.

Member Ian McDonald said student striking — similar to what was seen in Quebec in 2012 — could be the last-ditch effort needed to quash education costs. "We don't even see student strikes as the end goal, we don't see tuition abolition as the end goal. We want to do away with capitalist society," he said in an interview. "But as far as abolishing tuition, strikes are going to be necessary."

The University of Manitoba Faculty Association undertook its own 20-day strike last year where some students from RSM joined the picket lines. UMFA president Mark Hudson was on hand Tuesday taking in the protest. "The support we got from the students during the strike was overwhelming, but also really important to the outcome of the strike," Hudson said. "It's important for us to pay that back, but it's also more than that, just a hugely important issue."

JESSICA BOTELHO-URBANSKI/METRO

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Tweet your tweaks: City invites cycling project input

SOCIAL MEDIA

Feedback will help link West Alexander to Wolseley

Braeden Jones
Metro | Winnipeg

People these days — always with a phone in their hand — may not be the most receptive to conventional public engagement, so the city wants them to hashtag their input on cycling plans.

High-level planning for a pedestrian and cycling project to connect Wolseley and West Alexander neighbourhoods has been rolling along, but won't roll any further without the opinions of Winnipeggers.

The city will of course conduct an online survey, and will also gather feedback at new pop-up events where people can drop by to weigh in. But public engagement officer Tiffany Skomro said there's a pillar of public engagement untapped if that's all that's being offered.



Cyclists cross Portage Avenue at Banning yesterday. Ruby Street and Banning Street provide an important north-south connection between Palmerston and Notre Dame Avenue linking the Wolseley and West Alexander neighbourhoods. LYLE STAFFORD/FOR METRO

hashtag #walkbikewpg.

"They would go along the route, so in this case Ruby and Banning, and take pictures with the hashtag and kind of portray what's important to them along the route," she said. "They can say, 'I walk

this way... this intersection is really busy and hard to cross."

Skomro said she believes one tenant of public engagement is to "go where people are," and since people are already posting photos of what they like or don't like about

They would go along the route, so in this case Ruby and Banning, and take pictures with the hashtag and kind of portray what's important to them along the route.

Tiffany Skomro

active transportation infrastructure online, "now it's trying to tap into that and encourage that for this corridor."

One reason Skomro and company are trying to change things up for this specific project is that it's meant to encourage walking and cycling in and through a high-traffic area.

She said getting people to "understand what a neighbourhood greenway is," how transformative it could be, and getting them to "own that" is easier if pedestrians and cyclists use photos, rather than words, to demonstrate how they use the route.

LGBTQ Pride to be more inclusive

Jessica Botelho-Urbanski
Metro | Winnipeg

In an effort to mend relationships with communities traditionally marginalized over the years, Pride Winnipeg is aiming to be more inclusive in its 30th year, said president Jonathan Niemczak.

Pride Winnipeg will announce its 2017 theme, Resurgence — Taking Back Space, at an evening event at the West End Cultural Centre Wednesday. The 2017 festival and its accompanying advertising will showcase people from a wider spectrum of gender identities, races and backgrounds than years past, said Niemczak.

The move comes after Pride Winnipeg received criticism at an August town hall about typically featuring white, cisgender people in its ads.

"We knew there were these concerns in the past. But it was decided that this year would be the year in which we would start taking these concerns much more seriously and start looking at ways to address them," Niemczak said.

The 2017 Pride parade will adopt a new route — starting at the Manitoba Legislature, winding up Portage Ave., down Main St. and ending at The Forks—and feature four marshals.

Kelly Houle, an Indigenous and Two Spirit advocate, will be the Grand Marshal, while Mason Godwalt, an 18-year-old transgender youth, takes on the Youth Marshal role.

Pride is also bringing in two 30th anniversary marshals to celebrate during its diamond year — Albert McLeod and Joel Sarbit.

INFRASTRUCTURE

Road work paves way for St. James Street's comeback

Lucy Scholey
Metro | Winnipeg

St. James Street started from the bottom, now it's here.

The north-south link from Portage to Notre Dame avenues has been named Winnipeg's most improved road, according to a new survey. CAA Manitoba released

the results of its increasingly popular Worst Roads campaign on Tuesday. Just over 8,400 votes were cast for 712 roads across the province — the most paved nominees in the survey's six years.

New this year: The province's most improved road. St. James Street's strong showing is impressive, considering the road topped CAA Manitoba's Worst

Roads campaign in 2012. As for the rural roads, Trans-Canada Highway 1 tops the list.

"It's nice to see that Winnipeggers acknowledge how much work has been done on St. James Street since it was first given the top Worst Roads title in 2012," said Mike Mager, president of CAA Manitoba. "And clearly, people have noticed the improve-

ments on the Trans-Canada, specifically between Winnipeg and the Saskatchewan border, make the drive safer and more comfortable than ever before."

The worst of the worst, according to Manitobans who voted, is Provincial Road 239, which cuts through Faulkner more than 200 kilometres north of Winnipeg.

Here in the city, it's a bit all

over the map. Chevrier Boulevard, in the south end, tops Winnipeg's list of worst roads. Empress Street, farther north, comes in second place, while the Pembina Highway and Fermor Avenue place third and fourth, respectively.

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Carbon tax could net Ottawa millions

FEDERAL FINANCES

Income as high as \$280M expected from Alberta, B.C.

The federal government stands to raise as much as \$280 million in revenue off provincial carbon taxes in Alberta and B.C. in the next two years despite claims carbon taxes would be revenue neutral for Ottawa.

Both Prime Minister Justin Trudeau and Environment Minister Catherine McKenna have long insisted Ottawa would collect no revenue from the carbon price the federal government is requiring the provinces and territories impose by 2018.

However, a new report from the Library of Parliament shows federal coffers stand to benefit financially when the five per cent GST is applied on top of carbon taxes built into the prices of goods and services



Federal coffers stand to benefit when GST is applied on top of carbon taxes, a new report says.

TORSTAR NEWS SERVICE

such as gasoline or utilities.

In April 2016, the Canada Revenue Agency said provincial carbon taxes would be subject to GST. B.C. Conservative MP Mark Warawa, who requested the report, asked the library to find out how much Ottawa

stood to gain as he prepared a private members' bill to reverse the CRA's decision.

Last week, the answer came back: as much as \$130 million this year and \$150 million next year in Alberta and B.C. Those numbers represent five per

cent each of the annual cost of the carbon taxes in those provinces: \$1.3 billion in B.C. per year, and in Alberta, \$1.3 billion in 2017-18 and \$1.7 billion in 2018-19, an average of \$1.5 billion.

THE CANADIAN PRESS



Indian Defence Minister Arun Jaitley, left, welcomes his Canadian counterpart Harjit Sajjan in New Delhi on Tuesday.

MANISH SWARUP/THE ASSOCIATED PRESS

NEW DELHI

Sajjan visit to India draws controversy

Defence Minister Harjit Sajjan's visit to his native India this week is being greeted with controversy after one of the country's most recognizable political leaders accused him of being a Sikh nationalist.

Amarinder Singh, the top elected official in India's Punjab province, made the explosive accusation in an interview on Indian TV in advance of Sajjan's trip.

In the interview, Singh expressed anger over being blocked from visiting Canada last year before calling Sajjan a Khalistani.

The Khalistani movement is comprised of Sikhs who want to create an independent homeland and was notorious for a wave of violence in India in the 1980s.

Sajjan's office has refused to be drawn into a war of words with Singh, saying the defence minister is a proud Canadian and that his trip is intended to strengthen ties between Canada and India.

But Sikh groups in both Canada and India have expressed anger at Singh's comment, calling it undiplomatic and unseemly.

THE CANADIAN PRESS



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Trump targets visa program

POLITICS

Undercuts U.S. workers, says White House

Turning back to the economic populism that helped drive his election campaign, President Donald Trump signed an order yesterday he said should help American workers whose jobs are threatened by skilled immigrants.

At the headquarters of hand and power tool manufacturer Snap-on Inc., Trump signed an order aimed at curbing what his administration says are hiring abuses in a visa program used by U.S. technology companies. Dubbed "Buy American and Hire American," the directive follows a series of recent Trump reversals on economic policies.

"We are going to defend our workers, protect our jobs and finally put America first," Trump declared, standing in front of an American flag fashioned out of wrenches.

Much like some prior orders, however, Trump's executive action Tuesday essentially looks for detailed reports rather than



U.S. President Donald Trump holds up a Buy American, Hire American executive order after signing at Snap-On Tools in Kenosha, Wis., on Tuesday. GETTY IMAGES

making decisive changes. In this case, the reports are about granting visas for highly skilled foreign workers and ensuring that government purchasing programs buy American made goods as required by law.

Trump chose to sign the directive at Snap-on Inc., based in

Wisconsin, a state he narrowly carried in November on the strength of support from white, working-class voters. Trump currently has only a 41 per cent approval rating in the state.

He campaigned last year on promises to overhaul U.S. trade and regulatory policy, but his

executive orders on those issues reflect the administration bowing somewhat to the limits of presidential power. Also, he has recently reversed several populist promises, including standing up to China, which he contended was manipulating its currency and stealing American jobs, and

eliminating the Export-Import Bank, which he billed as wasteful subsidy.

But Trump returned to Tuesday to the economic tough talk of his campaign, saying: "We're going to make some very big changes or we are going to get rid of NAFTA for once and for all," referring to the Clinton-era U.S. trade pact with Canada and Mexico.

In his new directive, the president is targeting the H-1B visa program, which the White House says undercuts U.S. workers by bringing in large numbers of cheaper, foreign workers and driving down wages.

The tech industry has argued that the H-1B program is needed because it encourages students to stay in the U.S. after getting degrees in high-tech specialties — and because companies can't always find enough American workers with the skills they need.

The new order would direct U.S. agencies to propose rules to prevent immigration fraud and abuse in the program. They would also be asked to offer changes so that H-1B visas are awarded to the "most-skilled or highest-paid applicants."

THE ASSOCIATED PRESS

Donald vs. dairy farmers

A simmering trade dispute between Canadian and American milk producers served as the opening salvo Tuesday as President Donald Trump launched a surprise attack on Canadian dairy farmers.

The hurling of accusations saw the U.S. dairy lobby accused Canada of "systemic disregard" of its trade obligations, while the Canadian industry accused its American rival of "scapegoating."

That was the backstory behind the U.S. president's surprise decision to call out Canada by name Tuesday. Trump also signalled he wants to do more than simply tweak the North American Free Trade Agreement, saying he is looking for "very big changes," or else he will scrap it once and for all.

Trump levelled the threats — some of his strongest-ever anti-Canadian rhetoric — during an event at a Wisconsin factory where he unveiled his "Buy American-Hire American" executive order.

THE CANADIAN PRESS

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JESSICA ALLEN ON REVIEWS WITH A SIDE OF SEXISM



Alexandre Balthazar Laurent Grimod de la Reynière was probably sexist.

The Napoleonic French inventor of food guides and restaurant criticism (who once staged his own funeral to see who would come) "trumpeted sirloins as preferable to women," according to Rebecca L. Spang's book, *The Invention of the Restaurant*.

He also felt true gastronomers were better off focusing their attention on "the stupidest goose, than the sweetest woman."

Some 200 years later, the tables have finally turned! Women have joined his rank as restaurant critics, not to mention restaurateurs and chefs. Yet there remains the faintest whiff, or full-on stink — depending who you ask — of gender bias.

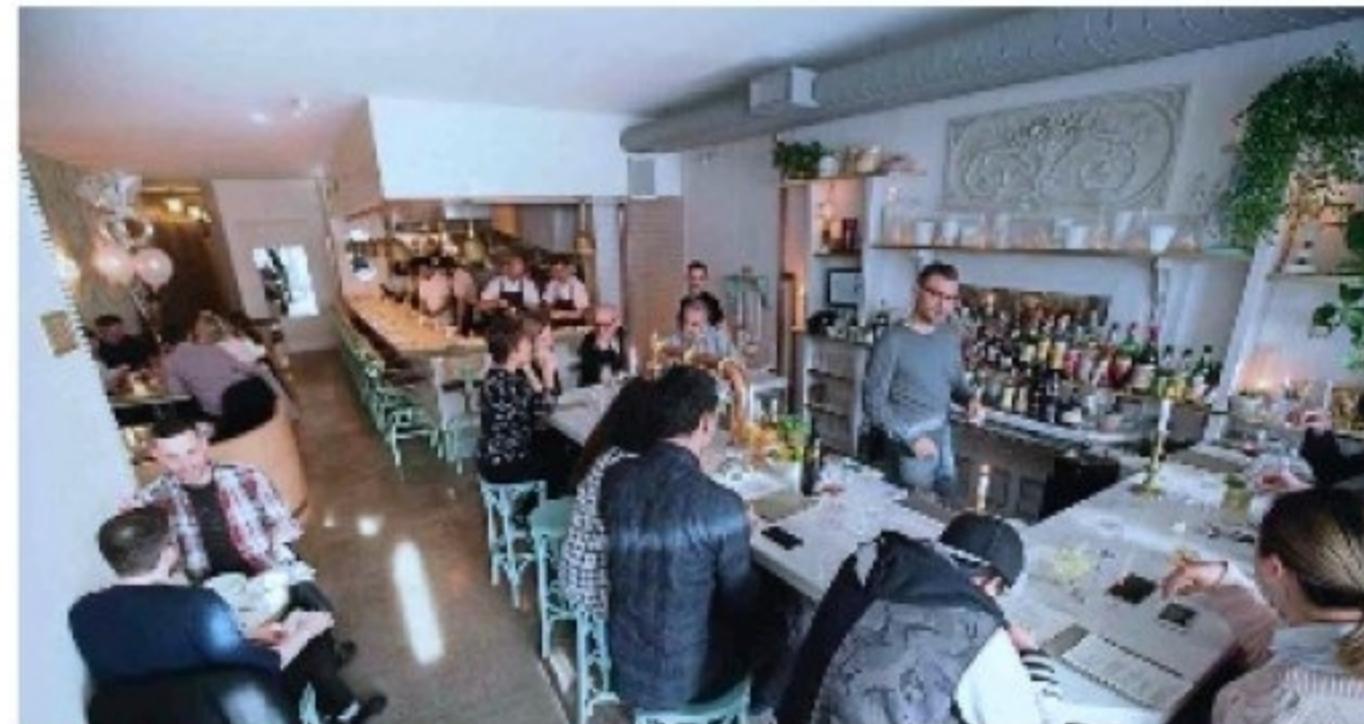
Take the recent reviews of new Toronto restaurant Grey Gardens, which blew up like soufflés gone rogue on social media over the weekend. The Kensington Market restaurant comes courtesy of one of the country's preeminent restaurateurs, Jen Agg.

In one publication, right out of the gate, before mention of the ricotta dumplings or the superb duck breast, the magazine's restaurant critic writes of Agg's "meanie reputation," and pits her against her chef, Mitchell Bates: "He's the exact opposite of Agg," he writes, "rarely tweeting and never bragging."

On Twitter, where Agg is both prolific and provoc-

It's no longer up to French dandies to preside over our tables.

Yes, a restaurant is a reflection of the restaurateur, but film critics manage to avoid mention of prickly personalities and enormous egos



GARDEN OF IDEAS Reviews of new Toronto restaurant Grey Gardens have included sexist undertones, writes Jessica Allen. TORSTAR NEWS SERVICE

tive, calling out misogyny in her industry and railing against cranky customers, she accused the magazine of sexism and asked for a both a retraction and an apology.

Here's the rub: the review gave Grey Gardens an impressive three stars. It praises the food, the service, and the setting. But the reviewer attributes his "stress-free" experience to the fact that Agg wasn't there — as though she had nothing to do with creating Grey Gardens, her fifth establishment.

This fixation on the owner isn't exactly typical of restaurant reviews, the most popular of which are always of the takedown sort.

Remember Pete Wells' viral 2012 send-up of Guy's American Kitchen & Bar in Times Square in the New York Times?

He asked Guy Fieri, the television personality and restaurateur, a series of rhetorical questions — Why did the toasted marshmallow taste like fish? — and compared him to food writer Calvin Trillin, if "Mr.

Trillin bleached his hair, drove a Camaro and drank Boozy Creamsicles." (A compliment, if you ask me.) But other than that, Wells sticks to criticizing the (very poor) food and service, just like he did last year when he famously dropped two of Thomas Keller's four stars from *Per Se*. He didn't even call Keller a "meanie" for adding an optional tip line on a nearly \$4,000 dinner for four that already included service.

When Balthazar, a famous New York brasserie, opened an outpost in London in 2013, the Times restaurant critic Giles Coren wrote there was "not a memorable mouthful to be had. Like all New York restaurants." Restaurateur Keith McNally isn't even mentioned.

So what is it about Jen Agg?

There's the obvious (she's a woman). But regardless of gender, there aren't a lot of restaurateurs like her.

In a 2016 *Elle* interview she describes herself as being "vigilantly pro-conflict" and her memoir, which

comes out in May, is called *I Hear She's a Real Bitch*. "My Twitter feed is either sharp, witty, and insightful, or the tool that makes me my own worst 'Jenemy,' depending on who you ask," she writes.

But what came first? Agg's personality as expressed on social media or the sexism that caused it to rear its controversial head?

I don't think it matters. Yes, a restaurant is a direct reflection of the restaurateur, but film critics manage to avoid mention in movie reviews of the prickly personalities and enormous egos of the Michael Bays and David O. Russells in the industry.

Restaurant critics can do the same.

It's no longer up to French dandies to preside over our tables. Let us eat our cake, without the side of sexism. (And, while I'm at it, without Instagramming it, too.)

Jessica Allen is the digital correspondent on CTV's *The Social*.

VICKY MOCHAMA

Quoth the millennial, never more shall talk of a mortgage bring me any ill

Once upon an evening dreary, while I scrolled, eyes wide and bleary

Over many an article of millennial money tips, While I panicked, racking up tabs, suddenly there came pop-up ads

(as if someone had found a way, a way to give my ad-block the slip).

"A bank," I fumed, "thinks I can afford a mortgage and cruise ship trips, when my dinner tonight is a bag of chips."

Oh, surely the banks would know that is not where my cash will go.

They are privy to the outlook of the market with all its highs and dips:

They see the overinflated prices of houses that aren't even the nicest

As well as how much I spend on fruits and subscription memberships

— All of which should tell the bankers, it's time to come to grips with selling fewer home-ownerships.

But as I sat, alert and adrift, peering into a vast penniless future of thrift,

I dreamt of a world of money as rare as Canadian teams winning championships

Where investments such as I have made are valued like a mortgage paid.

This would mean the vast array of scrubs and sticks solely for my lips

Are funded by lines of credit and can be used in trade at car dealerships.

Or hell, even a timeshare on some airships.

In this wondrous place, a millennial might even find a home-like space

Or, barring that wild ambition, put money down on some fish and chips

'cause these days, extra tartar sauce means a statement of profit and loss.

To be sure, for young people buying a home, I have no tricks and tips

Except to say that with a lot of savings and more financial snips...

...it might not matter come the apocalypse?

↙(၂)။

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CULTURE

Religious orgs try to reach new generation, even on Snapchat

Genna Buck
Metro Canada

Here's what the millennial generation expects from a community of faith: on-demand digital engagement, an inclusive spirit and a warm and welcoming in-person community, too.

That's why the University of Toronto's Muslim Students Association (MSA) boasts in-house graphic design, digital media, photography, videography and social media teams. It communicates with its 1,500 members by Instagram, Facebook, Twitter and Snapchat. Many events and panels streamed on Facebook Live.

While this particular student group is keeping pace with expectations, some Canadian religious leaders are saying institutions — mosques and Islamic centres, historic denominational churches, synagogues — have some catching up to do.

Having a robust presence online is a no-brainer, said Dalia Hashim, the MSA's outgoing president.

"It's the main mode of communication for people our age. You can't have a flyer now that has (Microsoft) WordArt on it."

Jordan Waldman, the director of the Calgary chapter of Hillel, a global organization of Jewish college and University students, echoed Hashim's view:

"There are many times I see Jewish organizations, whether in Calgary or other cities, use social media really effectively to engage young people. That



Snaps for the unchurched

said, many faith-based organizations are more traditional and social media is fast paced and new, so I think few groups have found that appropriate balance," he said.

The MSA makes a point of including Muslims from various sects and with varying levels of religiosity, Hashim added.

Many members, she said, are fans of the progressive American Imam Suhaib Webb, who has made a name for himself on Snapchat. His most recent story on the app is a heartfelt chat directly into the camera, gently warning of the misinformation about Ramadan that's spreading online. Then there's a video of his friends giggling uncontrollably and preparing to tuck into a preposterous amount of fried food.

More and more millennials — and Canadians generally — say they don't identify with any religion at all. About 28 per cent of 15- to 24-year-olds checked the

"none" box on the 2011 census, the most recent data we have.

Yet they are spiritually hungry: According to research by University of Lethbridge sociologist Reginald Bibby, 75 per cent believe in life after death and 68 per cent believe in God or a higher power. They're also very relaxed about faith: 41 per cent say they're religious but not spiritual, and 61 per cent say all religions are equally valid.

And that's where it gets interesting.

On the Christian side of things, most truly tech-savvy churches (those investing in attracting millennials and young families) are evangelical, and the vast majority are American, said Derek Ouellette, a Windsor, Ont. author whose business helps churches and clergy transition into the digital age.

His own church uses an app called YouVersion, which allows you to follow along live with a worship service on your smart-

phone or tablet.

"It shows you all of the churches in the area that are doing live events that day. Locally there are only two. And because we're a border city, I get Detroit,

and I can see a whole bunch just over across the border," he said.

He's spoken to American church leaders who are "doing church online: visual churches, live churches, online prayer ses-



"It's the main mode of communication for people our age. You can't have a flyer now that has (Microsoft) WordArt on it."

Dalia Hashim, on the importance of religious associations having a robust online presence

Trans fats health risks all too real, finds study

HEALTH

Latest research supports links with heart attacks, strokes

Genna Buck
Metro Canada

Advocates for a long-discussed ban on trans fats in Canada argue it would reduce heart attacks and strokes.

Now, thanks to a new study in the journal JAMA Cardiology, they have more evidence to bolster their case.

Counties in New York State that banned trans fats in restaurants saw a significant decline in hospitalizations for heart attack and stroke within three years, compared to counties that did not enact a ban.

The decline was greater than the general negative trend in heart attacks and strokes seen across the state, and it held even after control-

ling for demographic factors and income.

The decline was equivalent to 43 fewer heart attacks and strokes per 100,000 people per year.

If the same results were to be seen across Canada's population of 35.16 million people, a ban on trans fats in restaurants alone would result in about 15,000 fewer heart attacks and strokes per year.

Meat and dairy products contain traces of trans fats, but Canadians get most of

their intake from the partially hydrogenated oils used in shortening, hard margarine and some fried foods, and packaged baked goods.

Consuming even just one or two grams of trans fat per day is linked to a greater risk of heart attack and stroke.

A federal ban on trans fats was first proposed by the NDP in 2004.

Subsequent proposals, and a Conservative plan to get companies to voluntarily remove trans fats from their products, all flopped.

Earlier this month, Health Canada issued a new proposal for a ban of partially hydro-

genated oils.

It's accepting input from stakeholders until June 21.

15,000

Extrapolated data shows that a ban on trans fats in restaurants alone would result in about 15,000 fewer heart attacks and strokes per year in Canada.



It's all about play

Noreen Guptill, inclusion and accessibility specialist with Halifax regional municipality parks and recreation, 53.

WHY I LIKE MY JOB

I studied sports administration at Durham College then did an internship at a children's hospital with a recreational therapist — which was a relatively new profession at the time — and I enjoyed it immensely. So, I went to Dalhousie to get my degree in recreation therapy.

For a while, I worked at a hospital and created programs to get kids to play. For kids, play can be therapeutic, keeping their emotional and physical spirits up, which has been linked to faster healing.

Today, I work for the Parks and Recreation department for the city in a relatively new position. The city has a mandate that its programs need to be inclusive and accessible, so my job today is to review policy and strategies to make sure recreation programs, like swimming classes, summer camps or learning opportunities, are as open to everyone as possible. I make recommendations for upcoming city projects, equipment for recreation program and even staffing.

I absolutely love what I do. I'm helping people every day. I'm in a position to make a difference. I'm making recommendations that'll open up opportunities for individuals, making policies that support inclusion and access to recreation programs. The profession tends to be a positive one — it's all about play!



THE BASICS: Recreational therapist

\$44,632

Median annual salary for an intermediate-level recreational therapist. Those with experience or advanced training can expect to earn upwards of **\$70,000**.

+13%

The amount of growth expected in this field over the next eight years.

Data for this feature was provided by ncbi.nlm.nih.gov, tronto.org, camh.ca, niaragacollege.ca, Canadian-tr.org, payscale.com, onetonline.org.

HOW TO START

There are a number of recreation therapy programs at colleges across the country, including Toronto's Seneca college, Barrie, Ont.'s Georgian College and Niagara College. Some university, like Halifax's Dalhousie or the University of Waterloo, also offer degrees in recreation therapy. In both programs, students learn the theory and history of the industry, as well as some background in physiology and psychology. They also complete field work through classroom placements or apprenticeship programs. Prospective recreational therapists are encouraged to take the National Council for Therapeutic Recreation Certification, a U.S.-run, but Canada-recognized designation, as many jobs — especially in hospitals — require it. Some provinces, like Nova Scotia also require rec therapists to be certified. They will also often need first-aid, CPR and WHIMS training, and often a valid driver's license.

WHERE YOU CAN GO

There are opportunities across the country: hospitals, child care facilities and municipalities often employ them to create programs that encourage people to play. Increasingly, anywhere that focuses on community engagement or healing — like out-patient clinics, community centres, or even private organizations — are using recreational therapists.

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AACA Museum in Pennsylvania to show under-appreciated Detroit-made models



Kia Sportage has staying power



HANDOUT

THE CHECKLIST | 2017 KIA SPORTAGE

THE BASICS

Engine: 2.4-litre four-cylinder; 2.0L turbo four-cylinder
Output: 181 horsepower, 175 pound-feet of torque; 237 hp, 260 lb-ft

Transmission: 6-speed automatic

Fuel Economy (l/100 km): 11.9 city, 10.2 highway (turbo)

Price: Starts at \$24,895



LOVE IT

- Ride quality
- Cabin quietness
- Peaky turbo engine

LEAVE IT

- Relatively poor fuel economy
- Lack of second row legroom

REVIEW

From its early swamp days to best in segment



Dan Ilika
AutoGuide.com

There might not be an automaker this side of Hyundai more often subjected to retrospective reviews than its sister brand, Kia.

You know the ones. They start by reflecting on how awful, say, the original Sephia was before marvelling at the likes of the current Forte and just how far the brand has come. That amazement at the automaker's rapid ascent is justified. Kia has come a long way in its two decades or so on the market here. And there's no better example of that growth than the 2017 Kia Sportage.

Originally launched as the brand's second model in the North American market, the Sportage — yes, the one that starred in those awful commercials set down on the bayou — has stood the test of time like no other vehicle in Kia's lineup. In fact, as far as compact crossovers go the Sportage is among the longest-tenured nameplates on the market.

Much of the credit for the Sportage's staying power goes to its steady evolution. It's been so vastly improved that the Sportage can now easily be

considered among the segment's best.

There is the choice of two four-cylinder engines. Both offer decent power though that's more so the case with the turbo engine, which is responsive and provides a good amount of giddyup.

When it comes to ride quality, the Sportage is greatly improved, though not exactly great. The suspension could offer a little more cushioning. Of course, that could also be a product of our tester's 19-inch wheels, which are accompanied by lower profile tires that tend to communicate bumps with more clarity.

Inside, the Sportage features a nice cabin design that's easy to live with regardless of trim level.

It's also available with all kinds of comfort and convenience features, including heated and ventilated seats, a heated steering wheel and a touchscreen infotainment system. Not available, however, are active safety features like adaptive cruise control and lane-keep assist.

Despite not leading the segment in either cargo volume (798 liters) or second row legroom (970 millimeters), the Sportage offers plenty of space for a family of four and most of its stuff.

The fundamentals that make this 2017 Kia Sportage great (namely the overall ride quality) are unchanged no matter the trim level. The Sportage is up there with its Honda peers when it comes to price. Add it all up and the Sportage is a competitive offering that can go toe-to-toe with its rivals.

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The ultimate open-air wrangler

It's in a place like Moab, Utah where the open-air experience offered by the Jeep Wrangler makes a lot of sense. The red rocks loom overhead, snow-capped mountains peer over the horizon and all kinds of vegetation sprout from the ground, giving the occupants a lot to look at. That's why the new Jeep Switchback is so compelling. This is probably the most production-ready of all the 2017 Easter Jeep Safari project vehicles, as over half of the upgrades comes from Jeep Performance Parts, with many available to all Wrangler owners. **STEPHEN ELMER** AUTOGUIDE.COM

1 V6 engine

The powertrain stays standard, with a 3.6-litre V6 hooked to a 5-speed automatic.

2 Custom doors

Custom half-doors let passengers take it all in while cruising through wild country — although it would have been nice to be able to close those lower openings to keep the Utah dust out.

3 Lift and shocks

The list of production upgrades includes things like a 4-inch lift with Rubicon rock rails, heavy-duty cast differential covers and new remote reservoir shocks.

4 Goodrich tires

Sitting under this Jeep are 37-inch BF Goodrich Mud-Terrain tires and Dana 44s.

5 High Safari roof

The custom Safari roof offers high-mounted windows and high roofline for an airy feeling.

6 Front end extras

Steel bumpers, a winch and a cold air intake are also on the list of production upgrades.



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retro SPORTS

Sources say MLB and umpires are expected to discuss a plan for crew chiefs to wear microphones and explain replay rulings

IN BRIEF

Strained calf keeps Durant out of Warriors' practice

Kevin Durant missed Golden State's practice Tuesday because of a strained left calf and was listed as questionable for Wednesday's Game 2 against Portland.

Coach Steve Kerr said Durant's injury happened in Sunday's 121-109 Game 1 win, when he had 32 points and 10 rebounds in his playoff debut with the Warriors. THE ASSOCIATED PRESS

Atletico ends Leicester's Champions League run

Atletico Madrid reached the Champions League semifinals for the third time in four seasons by ending Leicester's fairytale European journey on Tuesday, drawing 1-1 at the King Power Stadium to advance 2-1 on aggregate.

In Madrid, with a hat trick that made him the first player to score 100 Champions League goals, Cristiano Ronaldo led Real Madrid to a 4-2 win over 10-man Bayern Munich after extra time and put the defending champions back in the semifinals.

THE ASSOCIATED PRESS

PED use nets Marte an 80-game suspension

Pittsburgh Pirates all-star outfielder Starling Marte has been suspended 80 games by Major League Baseball after testing positive for the performance-enhancing drug Nandrolone.

THE ASSOCIATED PRESS

Surprises abound to open post-season play

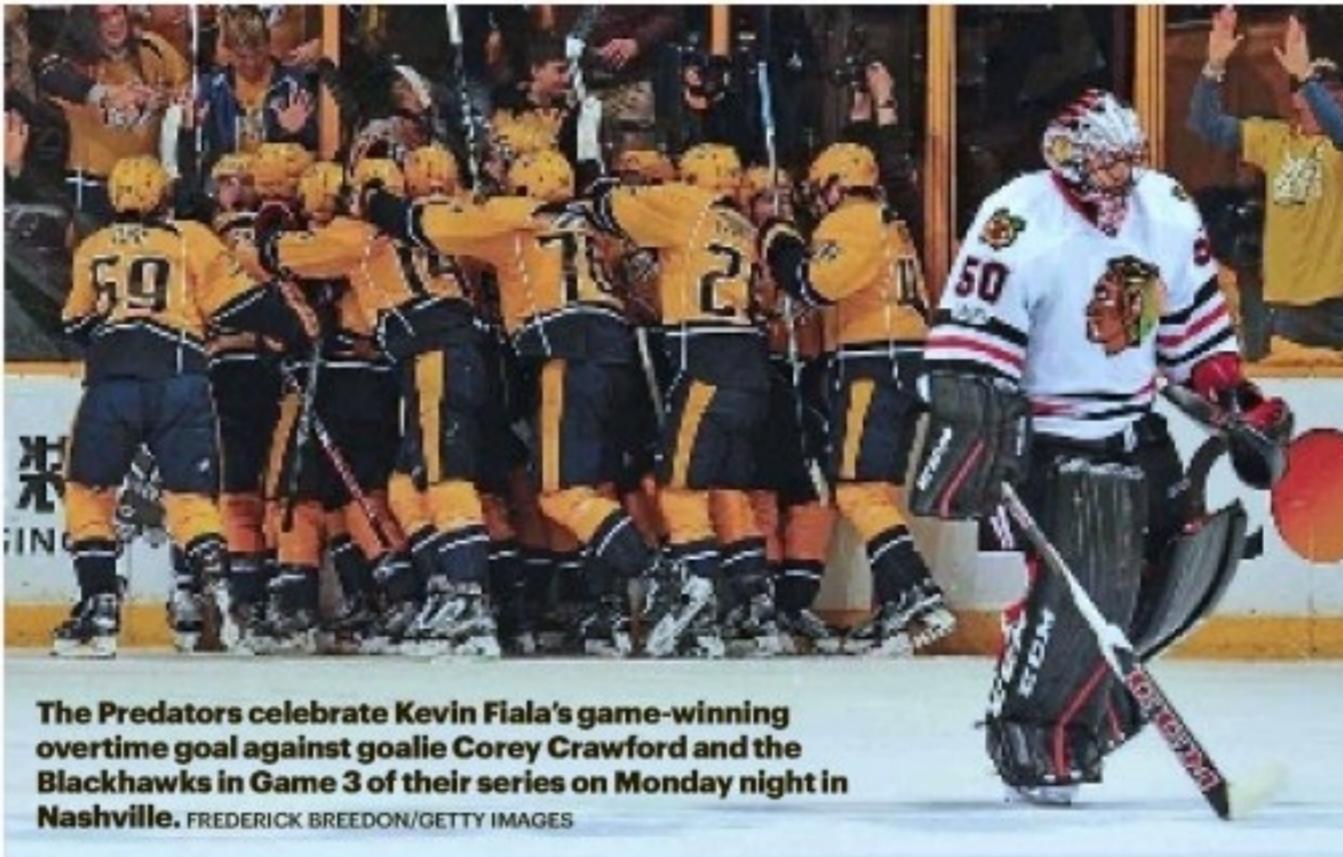
2017 PLAYOFFS FIRST ROUND

Blackhawks on brink, Caps trailing among big shockers

The first week of the NHL post-season has been about as unpredictable as anyone could imagine, even in a sport where upsets are the norm, home-ice advantage is often meaningless and a hot goaltender can overshadow everything else that's happening.

Perennial Stanley Cup favourite Chicago is down 3-0 against Nashville and the NHL-leading Washington Capitals trail Toronto 2-1 in their first-round series, but that's only part of the story. Seven of the first 24 games have featured a blown lead of two goals or more, 11 have gone to overtime and winning goals have come from some of the unlikeliest of sources.

"It's harder to go to bed, I can tell you that — you want to watch the end of the games and when they last too long it's a short night," Ottawa Senators coach Guy Boucher said. "I've been saying it all year: just get in those playoffs. Home ice don't mean a thing. It doesn't matter who you play, everybody has a



The Predators celebrate Kevin Fiala's game-winning overtime goal against goalie Corey Crawford and the Blackhawks in Game 3 of their series on Monday night in Nashville. FREDERICK BREEDON/GETTY IMAGES

chance against everybody."

Hockey fans had a long night Monday as all four games went to OT for only the third time in NHL history and first time since 1985, including the Blackhawks and Capitals blowing two-goal leads to sow more seeds of doubt and give the Predators and Maple Leafs a jolt of confidence.

"Our guys think they're a good hockey team, and they're playing a good hockey team," Toronto coach Mike Babcock said. "But I think you gain respect for yourself in the process and you

start believing that maybe you can do this."

The Blackhawks' core has three Stanley Cups in the past seven years and a lot experience to lean on. Washington only has playoff disappointments in the rear-view mirror, and panic is starting to set in about another early exit.

The Capitals were heavy favourites to beat the young Maple

Leafs, but it hasn't looked like it as all three games so far have gone to overtime.

"It's a lot closer match than people let on," coach Barry Trotz said after losing Game 3 in Toronto. "It's not David and Goliath."

Defending Cup champion Pittsburgh against Columbus looked like a close matchup on paper but hasn't been as the Penguins entered Game 4 on Tuesday night up 3-0 and Blue Jackets goaltender Sergei Bobrovsky, the favourite to

NOTES

The St. Louis Blues and Anaheim Ducks will each have the opportunity to sweep their opening-round series on Wednesday night against the Minnesota Wild and Calgary Flames, respectively.

The Wild have a 117-79 advantage in shots on goal, leading all NHL playoff teams in shot differential ... yet they trail 3-0.

Calgary blew a 4-1 lead to lose Game 3 in overtime Monday, a potential backbreaker against an experienced Anaheim team.

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MAKE IT TONIGHT

Filling Devilled Eggs with Tuna



PHOTO: MAYA VISAYEV

Ceri Marsh & Laura Keogh
For Metro Canada

These protein-packed beauties make elegant hors d'oeuvres, but also do the trick as a snack or as part of a lunch when paired with a salad.

Ready in 30 minutes
Prep time: 10 minutes
Serves 4

Ingredients

- 12 hard boiled eggs
- 1 can of tuna
- juice of half a lemon
- 1 clove garlic, minced
- 1 Tbsp minced shallots
- 3 Tbsp mayonnaise
- 1 Tbsp plain Greek yogurt
- 1/2 tsp dijon mustard
- 1/4 tsp salt
- pepper to taste
- garnish with some fresh parsley

Directions

1. After you've boiled, cooled and peeled your eggs, cut them in half lengthwise and scoop the yolks into a medium bowl. Arrange your egg whites on a large plate.
2. Add your tuna into the bowl of yolks. Using a fork or potato masher, mash the yolks and tuna together until they are in small pieces, especially the tuna. Mix in lemon juice, garlic and shallots. Then add mayonnaise, Greek yogurt, mustard, salt and pepper to taste and blend.
3. Spoon a tablespoon amount of egg and tuna mix into the white halves. Serve immediately or cover and place in the refrigerator to enjoy later.

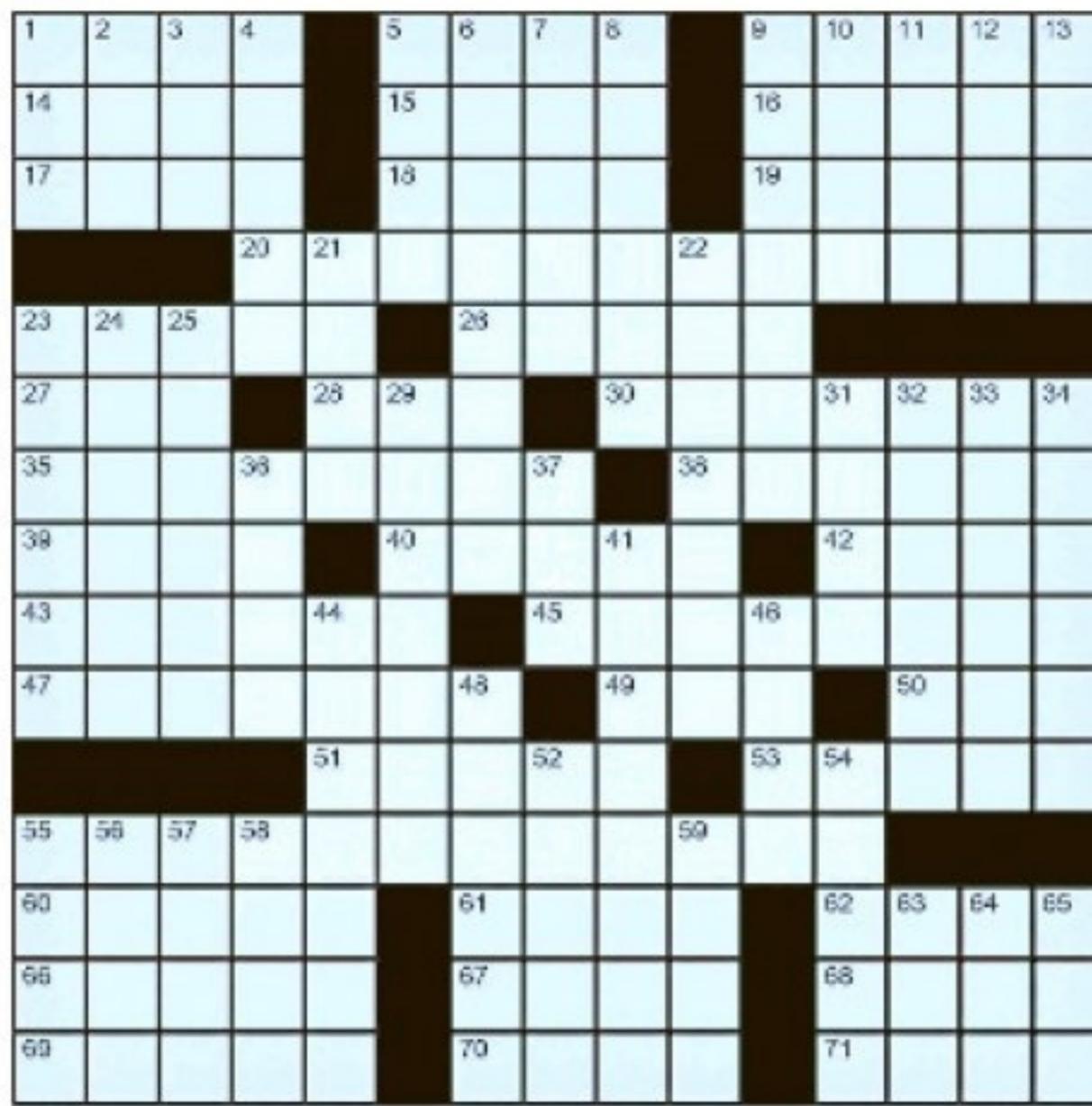
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Captain's control
5. Roadie's gig
9. Shrimp-like creature
14. Posh sport for William or Harry
15. Germanic letter
16. Ancient Greek colony
17. Shout!
18. "Willie and the Hand Jive" by Johnny ...
19. Averages
20. Officers in the old comedies of Canadian filmmaker Mack Sennett: 2 wds.
23. Vows-exchanging spot
26. Bound-to-the-land person of ancient Sparta
27. Perfume by Cacharel
28. God willing, ... volente
30. Edna's ... (Mrs. Garrett's gourmet food shop on "The Facts of Life")
35. "Dancing with the Stars" judge Ms. Hough
38. Knowing
39. Roast's roasting realm
40. Rolling Stones: "(I Can't ...) Satisfaction"
42. Filled food
43. Ms. Andress of "Dr. No" (1962)
45. Bright yellow Spring flower
47. Oozing
49. Planetary passage possibility-izer, punny-ly
50. Compass letters
51. Amarillo's state
53. Beehives, at the salon
55. British Columbia's 'spirit' animals 2 wds.
60. Slurpee-like frozen beverages
61. Lion's sound!
62. Curved shape
66. Shrub variety
67. Ballet outfit
68. Lei-wear-party's party
69. ... few words (Briefly addresses the group)
70. Daisy part
71. Slight



DOWN

1. Espionage expert
2. Work the flower bed
3. Curses! = ... betide!
4. Accordion music
5. Iliad site
6. Exceeded
7. Amalgamate
8. Put on a new shoe bottom
9. Motion-related
10. Chess castle tower
11. Small obi accessory
12. Foot injury result
13. Laddie's love
21. Earth goddess in

Das Rheingold
22. Falls asleep: 2 wds.
23. Particular pears
24. Paris museum in "The Da Vinci Code" (2006)
25. Nan A. ... (Book publisher)
29. New status for an officially-moving-forward-together couple
31. Candy bar, ...-Honey
32. Gas station selection in the past
33. Brendan Fraser comedy, " ... Man" (1992)
34. Shoulder scarves
36. ... to one's ears
37. Airport schedule acr.
41. Cause the stomach to be upset
44. Play of 1887 by Victorien Sardou upon which Puccini's almost-exactly-the-same-named opera of 1900 is based: 2 wds.
46. Number of Beatles
48. Strains
52. Concerning
54. Old Testament hymn
55. "Beth" band
56. S. Amer. country
57. Mountains at Saint- ... (Vincent van Gogh, oil on canvas, 1889)
58. Centimetre, e.g.
59. Lily variety
63. Ms. McClanahan
64. Road trip need
65. Tint

*IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
You will focus on money, cash flow and earnings during the next four weeks. Similarly, you might contemplate a major purchase.

Taurus April 21 - May 21
The Sun will be in your sign for the next four weeks, boosting your energy and attracting favorable circumstances and people to you. This happens once a year.

Gemini May 22 - June 21
Respect your need for some peace and quiet during the next few weeks. You need to withdraw from the busyness of the world around you in order to make goals and ground yourself.

Cancer June 22 - July 23
You will be popular during the next four weeks! Enjoy schmoozing with friends and members of clubs and groups. Share your hopes and dreams for the future with someone.

Leo July 24 - Aug. 23
For the next four weeks, the Sun is at the top of your chart, casting a flattering light on you. This makes you look great in the eyes of bosses, parents, teachers and VIPs!

Virgo Aug. 24 - Sept. 23
If possible, go travelling during the upcoming weeks, because you need a change of scenery and a chance to learn more. Do what you can to broaden your horizons.

Libra Sept. 24 - Oct. 23
You will feel strongly about many things during the next few weeks. In particular, romance, as well as issues with shared property and inheritances, will matter.

Scorpio Oct. 24 - Nov. 22
You will need more sleep during the next four weeks because of the placement of the Sun opposite your sign. Respect your need for more rest.

Sagittarius Nov. 23 - Dec. 21
Do whatever you can to get better organized during the next four weeks, because you want to turn over a new leaf. Your high standards will apply to your health as well.

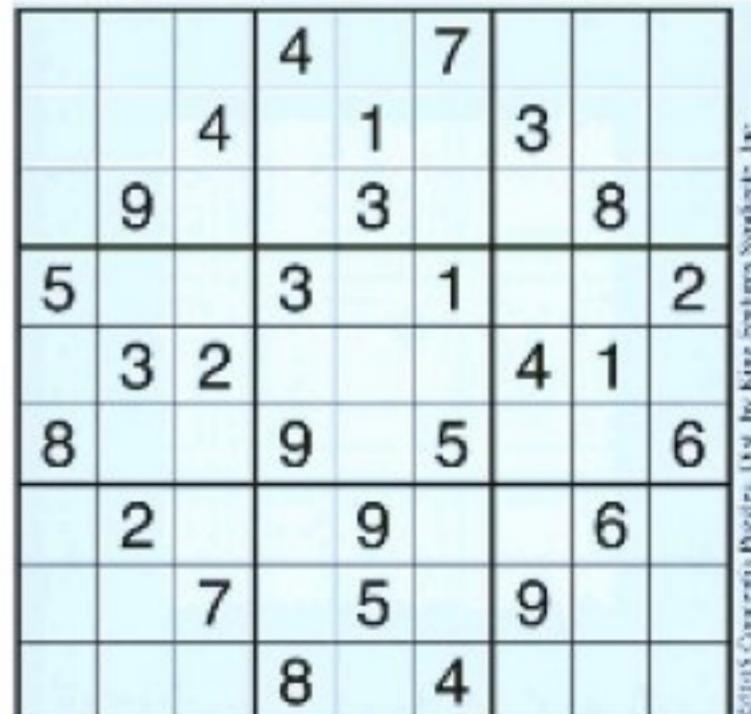
Capricorn Dec. 22 - Jan. 20
You are playful and fun-loving during the next four weeks. Enjoy sporting events, the arts, romantic associations, playful times with children, parties and vacations.

Aquarius Jan. 21 - Feb. 19
Home and family will become priorities for you in the next four weeks. Many will want to cocoon at home more than usual. Just do it.

Pisces Feb. 20 - March 20
The tempo of your days will accelerate during the next four weeks because of a busy schedule full of errands, visits with others, increased reading and writing, and short trips. Busy you!

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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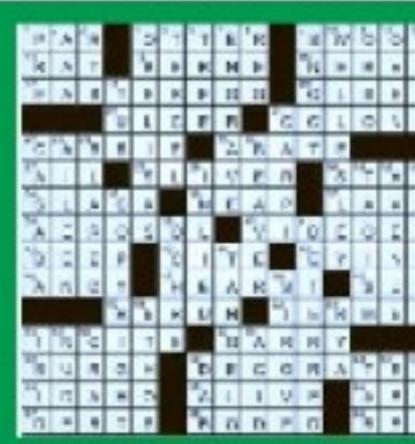


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READING

YESTERDAY'S ANSWERS

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TRUE TO OUR NATURE

Since the 70's, our communities have become an expression of our growing ability to create rich and evolving landscapes for residents to experience and enjoy.

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ridgewoodwest.com

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Bluff
WEST**

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AN ABUNDANCE OF LIFE

Manitoba is rich in native species of plants, grasses, wildflowers, shrubs and trees. By incorporating elements from the natural prairie landscape into each of our communities, we're creating healthy neighbourhood ecosystems and stunning landscapes. These elements have many additional benefits, including reducing pesticide use and soil erosion, providing shelter for birds and adding texture and colour when the seasons change.



RECLAIMING AND PRESERVING NATURAL WONDERS



Much of what we think of as traditional farmland in Manitoba was originally wetland. When designing new communities, we're actually reclaiming and restoring them. We also collaborate deeply with local conservation groups and environmental stewards to ensure that other ecological gems – such as the historical Harte Trail in Charleswood, or a rare riverbank basswood grove near Headingley – are upheld, becoming treasured and essential features in our new community developments.

BUILDING SUSTAINABLE PARTNERSHIPS

Working extensively with Native Plant Solutions, a branch of Ducks Unlimited, and partnering with organizations like the Nature Conservancy of Canada, we've become specialists in naturalizing wetlands and incorporating native grasses and plants into our communities. These signature features are also designed to clean waterways by collecting run-off and filtering it with native grasses and shoreline plants. In this way, impurities are captured before they reach the city's drainage systems, better protecting our rivers and streams.



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communities

